## FLOWER MOUND FOOTBALL

## FRESHMAN FOOTBALL CALENDAR 2025

JUNE							
Su	M	T	W	$\mathit{Th}$	F	Sa	
1	2	3	4	5	6	7	
	Summer J.A.C.	Summer J.A.C.	Summer J.A.C.	Summer J.A.C.			
	8:15-9:45 a.m.	8:15-9:45 a.m.	8:15-9:45 a.m.	8:15-9:45 a.m.			
8	9	10	11	12	13	14	
	Summer J.A.C.	Summer J.A.C.	Summer J.A.C.	Summer J.A.C.			
	8:15-9:45 a.m.	8:15-9:45 a.m.	8:15-9:45 a.m.	8:15-9:45 a.m.			
15	16	17	18	19	20	21	
	Summer J.A.C.	Summer J.A.C.	Summer J.A.C.	Summer J.A.C.			
	8:15-9:45 a.m.	8:15-9:45 a.m.	8:15-9:45 a.m.	8:15-9:45 a.m.			
22	23	24	25	26	27	28	
	Summer J.A.C.	Summer J.A.C.	Summer J.A.C.	Summer J.A.C.			
	8:15-9:45 a.m.	8:15-9:45 a.m.	8:15-9:45 a.m.	8:15-9:45 a.m.			

			JULY			
Su	M	T	W	Th	F	Sa
	30	1	2	3	4	5
	Off	Off	Off	Off		
6	7	8	9	10	11	12
	Summer J.A.C.	Summer J.A.C.	Summer J.A.C.	Summer J.A.C.		
	8:15-9:45 a.m.	8:15-9:45 a.m.	8:15-9:45 a.m.	8:15-9:45 a.m.		
13	14	15	16	17	<i>18</i>	19
	Summer J.A.C.	Summer J.A.C.	Summer J.A.C.	Summer J.A.C.		
	8:15-9:45 a.m.	8:15-9:45 a.m.	8:15-9:45 a.m.	8:15-9:45 a.m.		
20	21	22	23	24	25	26
27	28	29	30	31		
	Head	d Start Football Camp	(5-8 p.m.) Grades 71	th-9th		
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Summer JAC Football Skill Work 9:45 - 10:30 a.m. Monday and Tuesday Schedule is subject to change
For the most current information, please check our website at www.FMJaguarFootball.net

## FLOWER MOUND FOOTBALL

## FRESHMAN FOOTBALL CALENDAR 2025

	AUGUST							
Su	M	$\it T$	W	$\mathit{Th}$	F	Sa		
3	4	5	6	7	8	9		
	Begin 9th FB Practice	Practice	Practice	Practice	Practice			
	Report 6:45 a.m.	Report 6:45 a.m.	Report 6:45 a.m.	Report 6:45 a.m.	Report 6:45 a.m.			
	Practice 7:00-9:15 a.m.	Practice 7:00-9:15 a.m.	Practice 7:00-9:15 a.m.	Practice 7:00-9:15 a.m.	Practice 8:00-9:30 a.m.			
					Picture Day 7:30 - 8 a.m.			
10	11	12	13	14	15	16		
	NO 9th practice	1st Day of School	Practice	Practice	Practice			
		Report 7:00 a.m.	Report 7:00 a.m.	Report 7:00 a.m.	Report 7:00 a.m.			
		Practice 7:30-9:00 a.m.	Practice 7:30-9:00 a.m.	Practice 7:30-9:00 a.m.	Practice 7:30-9:00 a.m.	134		
17	18	19	20	21	22	23		
	Practice/Report 7:00 a.m. Practice 7:30-9:00 a.m.		Practice Processing 17.00	Scrimmage	Report 8 a.m.			
	Pre-Season Parent Mtg		Report 7:00 a.m.	Northwest HS	Film/Weights			
7.1		Practice 7:30-9:00 a.m.	Practice 7:30-9:00 a.m. 27	5:00 p.m.	29	30		
24	Begin regular season schedule	26		9th games vs. Arlington Bowie	Varsity game vs. Arlington Bowie	30		

Regular Season practice schedule (once school starts)

7:00 a.m. (Report); 7:30 - 9:00 a.m. (Practice)

Tuesday 6:45 a.m. (Report/Lift); 7:30 - 9:00 a.m. (Practice)

Wednesday 7:15 a.m. (Report); 7:00 - 9:00 a.m. (Practice)

Thursday (Game Day) 7:45 a.m. (Report); 8:00 - 9:00 a.m. (Walkthrough)

Friday 8:00 a.m. (Report); Lift and watch film

<u>Reminders</u>

Monday

Please visit our website at www.fmjaguarfootball.net. You may register for email updates and do the following:

Sign up for Summer J.A.C. (Jaguar Athletes Course)

Complete all online forms on Rank One

Download UIL Pre-Participation physical form and complete your physical. Must have current physical to participate in JAC.

Order your Game Day polo (if needed)

Access Game Schedules

Register for Head Start

Football Camp



Register for Summer J.A.C.

